

TAKE A PLEDGE:



Prepare for takeoff! Call and text your friends first, then power down.



Leave “Em Hangin” while you’re driving — send your friends to voicemail. *(They’ll get over it.)*



Change your cell phone message. Let callers know you won’t be picking up while driving. *(Really, it’s nothing personal!)*



Select an accountability partner and pullleeeasse, pick someone with a sense of humor. *(This material is plenty dry!)*



Think and decide before you drive. *(How’s that for a little rocket science?)*
Decide in advance how to manage driving temptations. Relax, you don’t have to take yourself seriously, just your driving.

thumb print here

The Rookie Powertrip Task Force recommends that you start right here. Since it takes 21 days to change a habit, our pledge is 21 days long. For 21 days – power down your cell and just drive. You might actually enjoy a little peace and quiet. After 21 days, progress to the other pledges.

The National Safety Council, Focus Driven and Oprah have excellent pledges.

These pledges are like diets – they actually work if you “do it!” Read them carefully and make a commitment you can keep.

WARNING: *Your signature and/or thumbprint can and will be used to judge you favorably in the court of Rookie Leadership Opinion.*